



Shahid Aziz, D.O.

Gastroenterology/Hepatology

1650 W. Rosedale St. Suite 302 Fort Worth, Tx 76104

Phone 817-885-7888 Fax 817-885-7811

IRC (HEMORRHOID) TREATMENT PREP INSTRUCTIONS

**Please purchase the following item before your procedure:
This can be purchased over the counter.
No prescription is necessary.**

(1) One Fleets Enema

DAY BEFORE THE PROCEDURE:

You should drink plenty of clear liquids or soups during the day. You may enjoy a **LIQUID DIET OF COFFEE, TEA, JELLO, AND SOUPS** of any kind with following exceptions.

**NO RED, BLUE, PURPLE OR ORANGE COLORED JUICE, DRINKS, JELLO
OR TOMATO BASED SOUPS**

DAY OF THE PROCEDURE:

(1) You can have full liquids, you do not have to be NPO

(2) Use one **FLEETS ENEMA** two hours before your procedure.
(to be done at home).

DATE: _____ TIME: _____

Following the procedure you may resume a regular diet.