



How to take NuLYTELY

Your doctor will tell you when it is time to begin.

IT IS IMPORTANT TO FOLLOW ALL THE STEPS BELOW COMPLETELY.

Step 1: This product can be used with or without one of the flavor packs that comes with the bottle.

If adding flavor, tear open flavor pack and pour contents into the bottle **BEFORE** reconstitution.

Discard unused flavor packs.

Step 2: Add lukewarm drinking water to top line on bottle. Cap the bottle and shake to dissolve the powder. The mixed solution will be clear and colorless. Do not add anything else, such as additional flavorings, to the solution.

When reconstituted, keep solution refrigerated. The reconstituted solution should be used within 48 hours. Discard unused portion.

Note: You will drink 1/2 of the container (2 liters) the night before the procedure and the other 1/2 (just over 2 liters) the morning of the procedure.

Step 3: The night before:
Drink 1 (8 oz) glass of prep every 10 minutes (8 – 8oz. glasses)

Step 4: The morning of:
Drink 1 (8 oz) glass of prep every 10 minutes (8 – 8oz. glasses)